

Basic Enhanced EAP

Valley Bakers



Your company can suffer when an employee is faced with a personal or professional issue that gets in the way of maintaining productivity at work. Offering a robust Employee Assistance Program (EAP) can be the answer for both your employee and their family. It can help your company's bottom line, too.

Experienced EAP Staff

Licensed Master's level professionals that can provide assistance for a variety of personal and professional matters.

- ✓ Emotional Well-Being
- ✓ Family and Relationships
- ✓ Legal and Financial
- ✓ Healthy Life Styles
- ✓ Work and Life Transitions

EAP Benefits

- ✓ Access to EAP Professionals 24 hours a day, seven days a week
- ✓ Provides information and referral resources
- ✓ Service for employees and eligible dependents
- ✓ Six face-to-face sessions* with a counselor (per household per calendar year)
- ✓ Legal and financial resources
- ✓ Online will preparation
- ✓ Legal library and on-line forms
- ✓ Telephonic financial consultation

- ✓ Connect employees with online resources for:
 - *Dependent and Elder Care resources*
 - *Substance use and other addictions*
 - *Work/Life Balance*
- ✓ Access to a library of educational articles, handouts and resources at mutualofomaha.com/eap

Organizational Services

Connection to resources for on-site training and Critical Incident Stress Management Services (CISM)** available on a fee-for-service basis

* *Face-to-face visits can be used toward legal consultations. In California: Knox-Keene Statute limits no more than three face-to-face sessions in a six-month period.*

***Utilization reports available upon request.*

Network

Mutual of Omaha's robust network of licensed mental health professionals provides flexibility to meet individual member's needs. All face-to-face EAP sessions must be authorized by contacting Mutual of Omaha at (800) 316-2796.

For more information or to utilize
EAP benefits call (800) 316-2796.

